



**THE  
BALANCED  
DOG** 

Professional dog massage and natural care

Professional development is a cornerstone of my practice and a commitment I make to both myself and my customers.

My professional development includes:

- Holistic Health for Animals, Christchurch (at the now-defunct Canterbury College of Natural Medicine) (2006)
- Pet Nutrition, Colorado State University, USA (2009)
- Giving Hearts Workshop, Best Friends Animal Society, USA (2012)
- Volunteer internship at Angell Memorial Animal Hospital, Boston (2012)
- Pet Tech CPR/First Aid certification, Boston (2012)
- Overview to Traditional Chinese Medicine for Small Animals, USA (2013)
- Small Animal Meridian Theory, USA (2013)
- Foundation Skills for Working with Dogs, Best Friends Animal Society, USA (2013)
- Canine Theriogenology for Dog Enthusiasts, USA (2013)
- Canine Health and Pathology, USA (2013)
- Animal Welfare and Behaviour, University of Edinburgh (2014)
- Small Animal Food Therapy, USA (2014)
- Using Foundation Skills to Develop Dog Handling Skills, Best Friends Animal Society, USA (2015)
- Therapeutic Exercises workshop, USA (2015)
- Acupoint Classification, USA (2016)
- Advanced Massage for the Canine Athlete, Rocky Mountain School of Animal Acupressure and Massage, USA (2016)
- Canine Trigger Point Therapy Protocols, Rocky Mountain School of Animal Acupressure and Massage, USA (2016)
- Dog Emotion and Cognition, Duke University, USA (2017)
- Fine-Tuning Your Dog Handling Skills, Best Friends Animal Society, USA (2017)
- Canine Energetics & Landmark Anatomy, USA (2017)
- Fear Free<sup>sm</sup> Certified Professional, USA (2018)
- Pro-Bono Therapist, Kindness Ranch Animal Sanctuary, USA (2018)
- Noise Aversion Beyond Thunder & Fireworks, Zoetis online seminar (2018)
- Coaching the Canine Athlete, one-day seminar with M Christine Zink, DVM, in Christchurch (2019)
- Effects and Management of Chronic Pain, Fear Free Pets certification course (2019)
- The Business of Pain Management, Fear Free Pets certification course (2019)
- Quantifying Pain, Fear Free Pets certification course (2020)

I am a member of:

- International Association of Animal Massage and Bodywork
- International Institute for Complementary Therapists