

Professional development is a cornerstone of my practice and a commitment I make to both myself and my customers.

I am particularly passionate (and concerned) about the proliferation of online-only qualifications (where the student is never properly and personally supervised by a qualified tutor). Many of these courses claim to be certification courses that are recognised in NZ; they are often marketed through sponsored posts on social media. Because the student does not have to travel, these courses appeal to prospective students. I encourage you to read my blog post [We have to talk about qualifications](#) to assist you in understanding the importance of in-person learning.



This symbol identifies courses that I have undertaken which were conducted on-site/in-person with qualified instructors. I have also used this icon for my volunteer work which has allowed me to work alongside other animal care professionals.

My professional development (as at 15 June 2025):

2025

Muscle Matters: Identifying At-Risk Patients for Muscle Loss & Understanding the Importance of Early Intervention, 1.0 hours, Clinician's Brief

Healthy Humans, Happy Pets Physical Well-Being: The Foundation of Health, 1.0 hours, Fear Free professional development

Battling Chronic Enteropathy: Cutting-Edge Approaches to the Most Frustrating Cases, 1.0 hours, VetFolio by NAVC

Suffering in Silence: Overlooking Dental Disease, 1.0 hours, Fear Free professional development

Fear Free & Physical Rehabilitation, 1.0 hours, Fear Free professional development

2024

Less Stress, More Joy: 5-Sense Solutions for Free Free Animal Care, 1.0 hours, Fear Free professional development

From Bowels to Bile: Supplements & the Gut-Liver Connection in Dogs & Cats, 1.0 hours, Clinician's Brief webinar

Stress, Health & Behavior, 1.0 hours, Fear Free Professional Development

Aging Gracefully: Update on Canine and Feline Cognitive Dysfunction Syndrome, 1.0 hours, Fear Free professional development

Privacy 101 for vet clinics and animal shelters, 1.5 hours, webinar from NZVA

2023

Illuminating Intervertebral Disc Disease: A Multimodal Approach to Diagnosis, Treatment, and Monitoring, 1.0 hours, Multi Radiance Medical webinar

Critical Comfort: Fear Free Practices in Emergency Pet Care, 1.0 hours, Fear Free professional development

Certified Canine Fitness Trainer (CCFT), University of Tennessee



Developing a Fear Free Action Plan for Patient Care, 1.5 hours, Fear Free professional development

Multimodal Pain Management for Canine Osteoarthritis, VetFolio by NAVC

Canine Inflammatory Bowel Disease: How to Approach Challenging Cases, 1.0 hours, Zoetis

Managing Neuropathic Pain in the Veterinary Patient, 1.0 hours, Companion Animal Health

Intervertebral Disc Disease (IVDD), 1.0 hours, Companion Animal Health

A Close Look at Enrichment, 1.0 hours, Fear Free professional development

Next Level Nail Trims, 1.0 hours, Fear Free professional development

The Impact of Pain, 1.0 hours, Fear Free professional development

Neurobiology of Toxic Stress, 1.0 hours, Fear Free professional development

2022

4Paws and Teamwork: A Pathway to Success in Nutritional Recommendations, 1.0 hours, VetFolio by NAVC

A Modern Team Approach to Nutrition Recommendations, 1.0 hours, VetFolio by NAVC

Finesse the Chin Rest, the Basics & Beyond for Cooperative Care, 1.0 hours, Fear Free professional development

Honey, I Shrunk the Wound, 1.0 hours, Kruise

Veterinary Nurse Nutrition Consults: Helping Clients with Diet Choices, 1.0 hours, VetFolio by NAVC

Satisfying Diet Trials: Improving Client Communication to Improve Treatment Outcomes, 1.0 hours, Fear Free professional development

2021

Diarrhea Again? Multi-Modal Approach for Dogs with Chronic Enteropathy Podcast & Quiz, 1.0 hours, VetFolio by NAVC

Yes, you can perform a Fear Free orthopedic exam, 1.0 hours, Fear Free professional development

They're never too old: senior patient anesthesia & periopera, 1.0 hours, Fear Free professional development

2020

Quantifying Pain – Pain Scales & Scoring, 1.0 hours, Fear Free professional development

Canine Arthritis Management, professional development day for vet nurses with Dr Hannah Capon

Canine Mobility: What am I missing?, 1.0 hours, VetFolio by NAVC

Case studies in Feline and Canine Fear Free Visits, 1.0 hours, Fear Free professional development

A Practitioner's Guide to Sports Medicine & Rehabilitation, 1.0 hours, VetFolio by NAVC

Osteoarthritis Pain: Targets for Therapy, 1.0 hours, VetFolio by NAVC



2019

Coaching the Canine Athlete, one-day seminar with Christine Zink, DVM



Effects and Management of Chronic Pain, 1.0 hours, Fear Free professional development

The Business of Pain Management, 1.0 hours, Fear Free professional development

Three Ways to Help Your Clients Say Yes, 1.0 hours, ASPCA Pet Health Insurance

Noise aversion, Nutraceuticals and Behavioural Medicine, 1.0 hours, Fear Free professional development

Non-pharmaceutical Options for Veterinary Visit Anxiety—An Evidence-Based Review, 1.0 hours, Dr Lisa Radosta for Zoetis

2018

Fear Free Certified Professional certification, Fear Free LLC

Pro-Bono Therapist, Kindness Ranch Animal Sanctuary (1 week), Wyoming

Noise Aversion Beyond Thunder & Fireworks, 1.0 hours, Zoetis

Proven Fear Free Strategies, 1.5 hours, Fear Free professional development



2017

Dog Emotion and Cognition, Duke University

Fine-Tuning Your Dog Handling Skills, 24 hours, Best Friends Animal Society, Utah

Canine Energetics & Landmark Anatomy, Tallgrass Animal Acupressure Institute



2016

Acupoint Classification, Tallgrass Animal Acupressure Institute

Advanced Massage for the Canine Athlete, 24 hours, Texas Animal Massage at Rocky Mountain School of Animal Acupressure and Massage

Canine Trigger Point Therapy Protocols, 24 hours, Texas Animal Massage at Rocky Mountain School of Animal Acupressure and Massage



2015

Using Foundation Skills to Develop Dog Handling Skills, 20.5 hours, Best Friends Animal Society Utah

Therapeutic Exercises , 1.0 hours, VetVine`



2014

Animal Welfare and Behaviour, University of Edinburgh

Small Animal Food Therapy, Tallgrass Animal Acupressure Institute

Overview to Traditional Chinese Medicine for Small Animals, Tallgrass Animal Acupressure Institute

Senior Canine Massage Therapist certification, 100 hours, Rocky Mountain School of Animal Acupressure and Massage



2013

Small Animal Meridian Theory, Tallgrass Animal Acupressure Institute
Foundation Skills for Working with Dogs, 17 hours, Best Friends Animal Society, Utah
Canine Theriogenology for Dog Enthusiasts, University of Minnesota
Canine Health and Pathology, Tallgrass Animal Acupressure Institute
Multiple Dog Problems, 1.0 hours, Raising Canine



2012

Giving Hearts Retreat, 17.5 hours, Best Friends Animal Society, Utah
Volunteer internship at Angell Memorial Animal Hospital, Massachusetts
Pet Tech CPR/First Aid certification, Massachusetts



2010

Canine Sports Massage Therapist certification, 150 hours, Rocky Mountain School of Animal
Acupressure and Massage



2009

Canine Therapeutic Massage Therapist certification, 80 hours, Rocky Mountain School
Animal Acupressure and Massage
Pet Nutrition, Colorado State University undergraduate course

of



2006

Holistic Health for Animals, 24 hours, Canterbury College of Natural Medicine

